

Consent & Assent in ABA Questions Parents Can Ask



Before starting ABA, ask:



How will you obtain my child's assent?



How will my child communicate 'no' or 'break'?



What happens if my child refuses?



How do you distinguish refusal from a skill deficit?



What happens when my child becomes distressed?



How are my child's preferences incorporated into treatment?



Are there goals focused on communication, independence, and quality of life?



How will I be involved in treatment decisions?



Can I observe sessions?



How will you know whether my child is benefiting from services?



A Simple Rule for Parents: Good ABA should help your child have more ways to communicate, participate, connect, learn, and exercise autonomy—not simply become better at complying. Your child doesn't have to earn the right to have a voice in their own therapy.

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